

PASMA Combined Low Level Access and Towers for Users Training

Training in the use of prefabricated access units below 2.5mtrs and standard access towers above 4 mtrs



For novice or experienced operators

<p>Novice or Experienced Operators</p> <p>This training course has been designed to train anyone who may work from low level access units and standard mobile access towers.</p>
<p>1 day course for a maximum of 8 delegates <i>(Joint theory / practical training will be delivered in groups)</i></p>

The Work at Height Regulations 2005, require that the assembly, dismantling or alteration of mobile access towers should only be undertaken by a competent person, or if being trained, under the supervision of a competent person.

Aim

To provide the delegate/s with the correct skills, knowledge and understanding to be able to safely and effectively use low level access units and standard mobile access towers.

Objective

On completion of this course the delegate/s will be able to:

Understand basic health and safety law as it applies to them including;	
	Understand the safety, benefit and legal reasons for completing training
	Identify the governing laws and legislations that are associated with training and safe operation of equipment
Understand their personal responsibilities for safety at work including;	
	Be aware of the need to refer to the manufacturer's manual
	Select and identify the correct Personal Protective Equipment for the job / task



Prepare equipment ready for use	
	Identify all components of the access tower and be aware of and be able to complete a pre use inspection of the equipment
	Identify the correct manufacturer's manual for the equipment and make reference to it
Assemble, dismantle and relocate the standard mobile access units and the low level access units in a safe, efficient and professional way	

Elements covered

- Introduction to both mobile access towers and low level access units
- Aims and objectives
- Current legislation, regulations and guidance affecting working from low level access units and standard mobile access towers
- British European Standards & PASMA Code of Practice, PAS250 (Publicly Available Specification),
- Tower components, inspection and maintenance
- Assembling, altering and dismantling, incorporates current best practice for fall protection, inspection of both low level and standard mobile access towers
- Tower stability and tying-in
- Hazards affecting the use of units & platforms
- Your responsibilities when using mobile access towers
- Asbestos awareness
- Practical training session
- Theory, pre-use checks and practical testing on the equipment

Facilities and equipment required for training to commence

<input checked="" type="checkbox"/>	National Insurance numbers - must be provided to the instructor for each delegate.
<input checked="" type="checkbox"/>	Towers – An appropriate tower in sound condition which complies to BSEN1004/2004 with a minimum platform height of 4 meters (6 meters working height) and utilises both the 3T and Advance Guardrail Systems – please be aware that all components must be present. (two separate towers can be used to achieve this) Two types of low level access units in sound condition that comply to PAS250 (Publicly Available Specification) with a maximum height of 2.5mtrs will also be required– please be aware that all components must be present . NB the bottom level of the standard tower may be used in the instance that the site does not have two low level units available.
<input checked="" type="checkbox"/>	Classroom area – Large enough to accommodate all course delegates and course instructor with suitable tables, chairs and plug socket
<input checked="" type="checkbox"/>	Training area - A safe area large enough for the tower to be manoeuvred and high enough to attain the equipment's full assembly, undercover if possible.



	Instruction Manual - A copy of the tower's current instruction manual must be made available to the instructor on the day of training. This must be in English. Practical training cannot be completed without this.
	PPE (Personal Protective Equipment) - Delegates attending must bring their own relevant PPE including high visibility vest, gloves, safety footwear and hard hat (chin strap preferable), in accordance with your company policy.

Please note: *In the event of adverse weather conditions, the course may be subject to cancellation unless there is a suitable indoor training area available where the platform can be erected to its full height.*

Literacy, Fitness & Health

(Extract from the PASMA Code of Practice)

Since the safe use of mobile towers requires that you consult safety notices and read and thoroughly understand the manufacturer's instruction manual, literacy and language comprehension are important requirements for any tower user. Similarly, since the assembly and use of mobile access towers can be physically demanding, users should be physically fit and in good health and should, generally, not have problems with eyesight or hearing, heart disease, high blood pressure, epilepsy, fear of heights / vertigo, giddiness / difficulty with balance, impaired limb function, alcohol or drug dependence or psychiatric illness.

If delegates have any problems with literacy or language comprehension, or have any doubts about their fitness to use mobile access towers, they must bring them to the attention of their employer. This need not preclude them from using mobile access towers, provided their employer conducts an assessment and is able to put into place adequate measures, to take account of any difficulties they may have.

Pre-Qualification Criteria

This course does not require any prior qualification

Methodology

The trainer will employ a highly facilitative approach to the training with limited group delivery, incorporating directive and participative styles. The major efforts need to be practical in nature and will include support of theoretical elements to aid understanding. Reflective practices and use of feedback techniques will be utilised to improve training and capability outcomes.

