



<p><b>Novice or Experienced Operators</b></p> <p>This training course has been designed for delegates who have either no experience of using a Mobile Access Scaffolding Tower or those who have experience but have not received any formal training to a recognised standard.</p>
<p>1 day for a maximum of 12 delegates  <i>(Joint theory / Practical training will be delivered in groups)</i></p>

The Work at Height Regulations 2005, require that the assembly, dismantling or alteration of Mobile Access Towers should only be undertaken by a competent person, or if being trained, under the supervision of a competent person.

**Aim**

To provide the delegate/s with the correct skills, knowledge and understanding to be able to safely and effectively use a Mobile Access Scaffold Tower.

**Objective**

On completion of this course the delegate/s will be able to:

<b>Understand basic health and safety law as it applies to them including;</b>	
	Understand the safety, benefit and legal reasons for completing training
	Identify the governing laws and legislations that are associated with training and safe operation of equipment
<b>Understand their personal responsibilities for safety at work including;</b>	
	Be aware of the need to refer to the manufacturer's manual
	Select and identify the correct Personal Protective Equipment for the job / task
<b>Prepare equipment ready for use</b>	
	Identify all components of the access tower and be aware of and be able to complete a pre use inspection of the equipment

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	Identify the correct manufacturer's manual for the equipment and make reference to it
<b>Assemble, dismantle and relocate the standard mobile access towers in a safe, efficient and professional way</b>	

**Elements covered**

- Introduction to mobile access towers
- Aims and objectives
- Legal overview – Health and Safety
- British European Standards
- Guidance & information
- Tower components, inspection and maintenance
- Tower assembly and dismantle
- Tower stability and tying-in
- Hazards when using mobile access towers
- Your responsibilities when using mobile access towers
- Asbestos awareness
- Practical training session
- Theory, pre-use checks and practical testing on the equipment

**Facilities and equipment required for training to commence**

	<b>National Insurance numbers</b> - must be provided to the instructor for each delegate.
	<b>Tower</b> - An appropriate tower in sound condition which complies to BSEN1004/2004
	<b>Training area</b> - A safe area large enough for the tower/s to be manoeuvred and high enough to attain the equipment's full assembly, undercover if possible.
	<b>Classroom area</b> – We will require access to a <b>suitable uninterrupted meeting room to carry out the theory element of the course</b> . Large enough to accommodate all course delegates and course instructor with suitable tables, chairs and plug socket.
	<b>Instruction Manual</b> - A copy of the tower's current instruction manual must be made available to the instructor on the day of training. This must be in English. Practical training cannot be completed without this.
	<b>PPE (Personal Protective Equipment)</b> - Delegates attending must bring their own relevant PPE including high visibility vest, gloves, safety footwear and hard hat (chin strap preferable), in accordance with your company policy.

**Please note:** In the event of adverse weather conditions, the course may be subject to cancellation unless there is a suitable indoor training area available where the platform can be erected to its full height. If wind

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*speeds are in excess of 17mph. according to the instructor's anemometer. an alternative training area will be sought.*

**Literacy, Fitness & Health**

*Since the safe use of mobile towers requires that you consult safety notices and read and thoroughly understand the manufacturer's instruction manual, literacy and language comprehension are important requirements for any tower user. Similarly, since the assembly and use of mobile access towers can be physically demanding, users should be physically fit and in good health and should, generally, not have problems with eyesight or hearing, heart disease, high blood pressure, epilepsy, fear of heights / vertigo, giddiness / difficulty with balance, impaired limb function, alcohol or drug dependence or psychiatric illness.*

*If delegates have any problems with literacy or language comprehension, or have any doubts about their fitness to use mobile access towers, they must bring them to the attention of their employer. This need not preclude them from using mobile access towers, provided their employer conducts an assessment and is able to put into place adequate measures, to take account of any difficulties they may have.*

**Pre-Qualification Criteria**

This course does not require any prior qualification
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**Methodology**

The trainer will employ a highly facilitative approach to the training with limited group delivery, incorporating directive and participative styles. The major efforts need to be practical in nature and will include support of theoretical elements to aid understanding. Reflective practices and use of feedback techniques will be utilised to improve training and capability outcomes.